

MEET EVENT SCHEDULE

Facility doors open – 3:30pm

Coaches Meeting – 4:45pm

Running and Field events begin at 5:00pm

Running events: Girls, then Boys

(K): 60m dash
(1st): 60m dash
(2nd): 60m dash

(K): 400m dash
(1st): 400m dash
(2nd): 400m dash

(K): 800m run
(1st): 800m run
(2nd): 800m run

(K): 200m dash
(1st): 200m dash
(2nd): 200m dash

Field events:

Boys Long Jump (pit 1)
Girls Long Jump (pit 2)
Long Jump: Girls and Boys in separate pits

Note: we will have “calls” for each event at the event itself, but we will need coaches to help with herding their kids into position so that we can get them into the proper heat.

The process for running events will work like this:

1. We will call athletes to the starting line area for their event
 - Girls first, then boys
2. We will divide each group of athletes into groups, according to grade level
 - Kindergarten girls
 - First grade girls
 - Second grade girls

As we complete all of the girls races, we will begin the same process with the boys.

3. Athletes will be placed in heats and positioned so that they can be moved to the starting line when their race is ready to go
4. We'll line everyone up on the starting line, provide last minute instructions, the starter will proceed through the commands (i.e. on your mark, set) and then fire the gun to start the event.