

## MEET EVENT SCHEDULE

Facility doors open – 2:00pm

Coaches Meeting – 3:00pm

*Running and Field events being at 3:15pm*

**Divisions:** 3rd - 4th grade  
5th - 6th grade

### Running events: Girls, then Boys

(3rd-4th): 4 x 100 meter relay

(5th-6th): 4 x 100 meter relay

(3rd-4th): 100m dash

(5th-6th): 100m dash

(3rd-4th): Kendrick James 1600m run

(5th-6th): Kendrick James 1600m run

(3rd-4th): 400m dash

(5th-6th): 400m dash

(3rd-4th): 800m dash

(5th-6th): 800m dash

(3rd-4th): 200m dash

(5th-6th): 200m dash

(3rd-4th): 4 x 400 meter relay

(5th-6th): 4 x 400 meter relay

### Field events:\*

Boys Long Jump (pit 1)

Girls Long Jump (pit 2)

Boys High Jump

Girls High Jump

Boys Shot Put

Girls Shot Put

*\* we will announce the process for conducting field events prior to the meet (via email to coaches)*

*Note: we will have “calls” for each event at the event itself, but we will need coaches to help with herding their younger kids into position so that we can get them into the proper heat.*

### ***The process for all running events will work like this:***

1. We will call athletes to the starting line area for their event
  - Girls first, then boys  
(i.e. in each event, all girls will compete, and then all boys will compete)

2. We will divide each group of athletes (girls, then boys) into groups, according to division
  - 3rd-4th grade girls
  - 5th-6th grade girls

*As we complete all of the girls races, we will begin the same process with the boys.*

- 3rd-4th grade boys
  - 5th-6th grade boys
3. Athletes will be placed in heats and positioned so that they can be moved to the starting line when their race is ready to go
  4. We'll line everyone up on the starting line, provide last minute instructions, the starter will proceed through the commands (i.e. on your mark, set) and then fire the gun to start the event.