

DERBY MIDDLE SCHOOL INVITATIONAL

Sponsored by Assumption High School, Louisville, KY

Saturday, March 28, at the Assumption Green

MEET LOCATION: the Assumption HS track facility, the "Assumption Green", is located at 4500 Champions Trace Ln, at the corner of Champions Track and Newburg Rd just south of the I-264. Directions are available at the AHS website (www.ahsrockets.org) under the Athletics link.

ENTRY FEES:

Entry fees, for early entries - received on or before 11:59pm Tuesday, March 24:

\$50 for each Boys team

\$50 for each team

or \$8 per individual

there will be an additional \$10 per team fee for entries not submitted using Hytek

(note: coaches with more than 20 athletes may be asked to pay a higher fee)

Entry fees, for late entries - received after 11:59pm Tuesday, March 24:

\$70 for each Boys team

\$70 for each Girls team

or \$10 per individual

there will be an additional \$15 per team fee for entries not submitted using Hytek

(note: coaches with more than 20 athletes may be asked to pay a higher fee)

Mail checks, made out to Assumption High School, to:

Coach Barry Haworth

Assumption High School Athletics

2170 Tyler Lane

Louisville, KY 40205

Checks may also be brought to the meet as well, but no team will be allowed to compete until they have paid for their entries.

ENTRIES: each team can enter up to three individuals per individual event and one relay team in per relay event. Athletes may enter up to 4 individual events, not including relays. Event sections will be set using seeded marks provided by coaches. Coaches should be prepared to provide evidence of performance for any athlete entered in the fast/final section of the 1600 meter run. Without such evidence, meet management may reseed an athlete into a slower heat.

ENTRY SUBMISSION: all entries should be submitted within a Hytek Team Manager entry file. Any entries not submitted as a Hytek file will be subject to a processing fee (see above). Meet information and a Hytek entry file will be posted at the Assumption High School Track/Cross Country website (www.ahsdistance.org) and at KYTRACKXC.com. All Hytek entries should be emailed to Coach Barry Haworth at bmhaworth@louisville.edu

ENTRY DEADLINE: Entries received after 11:59pm on Tuesday, March 24 are subject to a late entry fee (see above). **Entries will close at 11:59pm on Thursday, March 26.**

MEET EVENT SCHEDULE

Coaches Meeting – 8:45am

Field events: start at 9:00am

Long Jump (Boys on pit 1, Girls on pit 2)
Triple Jump (Boys on pit 1, Girls on pit 2)
High Jump (Girls, then Boys)
Shot Put (TBA)
Discus (TBA)

Running events: start at 10:00am (Girls, then Boys)

Distance Medley relay (1200-400-800-1600)
100 meter prelims
100/110 meter hurdles
4 x 100 meter relay
1600 meter Distance Race of Champions
100 meter final Sprint Race of Champions
400 meter dash
800 meter dash
300 meter hurdles
200 meter dash
4 x 400 meter relay

AWARDS

Individual awards will be given to the top 6 finishers in each event, regardless of section, with one exception. The **ONLY** exception will be the following:

- **1600 meter run:** only the top 6 finishers in the final section will receive awards (athletes in the slower sections will not be eligible for awards)
- **100 meter prelim:** runners will proceed from the prelim to a 100 meter final, and then the top 6 finishers in the 100 meter final will receive awards

Team awards will be given to the top 2 boys teams and top 2 girls teams

ADMISSION: there will be a \$5 admission fee at the gate for all spectators and nonparticipants, children 12 years old and younger are free.

CONCESSIONS: concessions will be sold at the meet by the Assumption HS track team. They would appreciate your patronage.

QUESTIONS: submit questions via email (only) to Barry Haworth at bmhaworth@louisville.edu

RULES OF COMPETITION:

1. Only the top 2 finishers for each team will score, but all athletes are eligible for awards. Team scoring is 10-8-6-4-2-1.
2. Long/triple jumpers will receive 4 attempts and throwers will receive 4 throws.
3. We will follow a rolling event schedule that is subject to change if weather conditions dictate.
4. Athletes will receive competitor numbers, which should be written on the back of their right hand. Any athlete who competes without a competitor number or with an incorrect competitor number is subject to disqualification (as per NFHS rules).

5. The Distance Medley, 800 meter run and 1600 meter run will utilize a waterfall start. The 4 x 400 meter relay will be conducted with a two-turn stagger (i.e. the first leg of the 4 x 400 will be run in lanes and athletes will break after the first exchange).
6. All races with multiple section finals will be seeded as slowest to fastest. Although not required, coaches are strongly encouraged to provide entry performance marks for their athletes when submitting entries. Athletes entered without performance marks will be placed in slower sections. As stated above, coaches should be prepared to provide evidence of performance for any athlete seeded into the fast/final section of the 1600 meter run.
7. Coaches should report any scratches as soon as possible before an event begins. On the day of the meet, we will not add athletes to any event, but coaches may substitute one athlete for another athlete, if both athletes have already been assigned a competitor number.
8. Meet records can only be set in an event final.

DERBY MIDDLE SCHOOL INVITATIONAL MEET RECORDS (* FAT adjusted)

Boys 100 meter dash	11.78	William Kannamore (Highland), 2007
Boys 200 meter dash	25.06	Devante Chatman (Farnsley), 2006
Boys 400 meter run	55.23	Jeremy Rice (North Oldham), 2007
Boys 800 meter run	2:15.68	Michael Caldwell (Johnson), 2006
Boys 1600 meter run	4:49.17	Sean Breeds (Meade County MS), 2006
Boys 4 x 100 meter relay	48.49	Highland MS, 2007
Boys 4 x 400 meter relay	3:53.22	Westport MS, 2007
Boys Distance Medley relay	11:56.00	Meade County MS, 2006
Boys Long Jump	18-05.00	Travis Klondike (Meyzeek), 2006
Boys High Jump	5-02.00	Ben Jackowitz (Anchorage MS), 2004 Chris Parks (Westport), 2006
Boys (4K) Shot Put	43-02.75	John Wolff (Notre Dame Academy), 2005
Girls 100 meter dash	12.74*	Tiffany Rogers (Meyzeek), 2005
Girls 200 meter dash	26.34*	Jazzmin Jeter (Westport), 2005
Girls 400 meter run	1:02.80	Aisjah Roan (Kammerer), 2006
Girls 800 meter run	2:29.42	Patricia Smithwick (St Leonard), 2006
Girls 1600 meter run	5:37.00	Patricia Smithwick (St Leonard), 2006
Girls 4 x 100 meter relay	55.07	Westport MS, 2006
Girls 4 x 400 meter relay	4:37.74*	North Hardin MS, 2005
Girls Distance Medley relay	13:56.00	Meyzeek MS, 2006
Girls Long Jump	15-03.50	Kristen Newberry (Notre Dame Academy), 2006
Girls High Jump	4-09.00	Taylor Shoop (St Edward), 2005
Girls (6 lb) Shot Put	34-01.00	Emily Slaven (Walden), 2006