

ENTRY SUBMISSION: all entries will be submitted through Milesplit (www.kytrackxc.com), and coaches must have a meet entry password in order to submit entries. Coaches may contact Coach Barry Haworth via email (bmhaworth@louisville.edu) for the meet entry password.

- Questions regarding how to use the Milesplit entry system should be brought to the Kentucky Milesplit webmaster, Chris Hawboldt (email provided at the Milesplit website), who can direct your question to the appropriate individual.
- If you contact us for a meet entry password and choose not to attend the meet, then please contact Coach Barry Haworth (bmhaworth@louisville.edu) as soon as possible so that we can properly seed the meet and allow in any teams who may be on the waiting list.
- After entering the meet entry password for the first time, coaches will be asked to select the divisions where their athletes will compete (Open Division and Elite Division). Athletes in both divisions must be entered through the Milesplit portal.

ENTRY GUIDELINES: when submitting entries, please note the following below.

- Coaches may enter up to 3 athletes in each Elite Division event, and up to 4 athletes in each Open Division event, as well as 1 relay team per relay event.
- Each athlete may compete in up to 3 individual events (i.e. overall, regardless of division), not including relays. I.e., athletes can compete in 3 elite division events, 3 open division events or some combination of elite and open division events that totals to 3 events overall.
- Note that on meet day, coaches cannot add new athletes to an event, but they are allowed to substitute one athlete for another athlete, provided that the new athlete has a competitor number. Athletes without a competitor number may not compete in the meet.

ENTERING 100m or 1600m ATHLETES: we have the following entry policy regarding entries in the Elite Division 100m dash and Elite Division 1600m run.

- **Teams entering athletes who meet one of these standards:** athletes hitting one of the standards below will not count against your 3 individuals per event limit in the event where the standard is achieved. E.g., if you have a boy with a personal best time of 12.40 listed at Milesplit in the 100m dash, then you may enter this boy and 3 additional boys in the Elite Division Boys 100m dash.
- **Individual athletes who meet one of these standards:** we will waive your individual entry fee if you compete in the event where you met that standard. E.g., if you are a boy with a personal best time of 12.40 listed at Milesplit in the 100m dash, then you may enter the meet and will not pay the individual entry fee if you compete in the 100m dash. Note that you may still compete in up to 2 other individual events.

Elite Division Event:	Boys	Girls
100m dash (FAT)	12.50	13.50
1600m run	5:15.00	5:50.00

- If you have an athlete who has met a standard below (note that only FAT performances are accepted in the 100m dash, this does not apply to stopwatch-timed marks), then please contact Coach Barry Haworth for information on how to submit your entries.

CLUB TEAM RELAYS: please note the following guidelines for club teams entering relays.

We do not allow super-relays. All members of every relay team must attend the same school.

Note: these athletes must attend the same school and not simply be enrolled within the same school system. Club team coaches interested in entering relay teams in this meet must do the following for each relay team they submit.

- Prior to the closing of entries, the club coach must submit a list of up to 8 competitors for each relay team entry. For every club team relay entry, we need the name of each competitor, the grade of that competitor (if that athlete is not otherwise competing) and the school where that competitor attends.
- We will verify every club team relay entry. If it is not possible to verify that a specific club team athlete attends the same school as the other relay team members on a specific relay, then we reserve the right to drop that athlete from consideration for that relay. Only verified athletes will be allowed to compete in any relay event.
- **Note:** once the meet begins, club team relay lists cannot be changed (i.e. no additions or substitutions can be made on meet day with any relay list). Again, only athletes verified to compete on a specific club team relay will be allowed to compete on that relay team.