

MEET EVENT SCHEDULE

Coaches Meeting – 5:15pm (Fri)

Coaches with athletes competing only on Saturday will conduct a brief Coaches Meeting at 2:45pm on Saturday

Friday (March 20) Field events	Friday (March 20) Running events*
<i>Start time is 6:00pm**</i>	<i>Start time is 6:00pm</i>
Open Division Girls Long Jump	Open Division 100 meter dash
Open Division Boys Long Jump	Elite Distance Medley relay [†]
Elite Division Girls Pole Vault	Elite Division 4 x 200m relay
Elite Division Boys Pole Vault	Elite 800m Sprint Medley relay ^{††}
Elite Division Girls High Jump	Open Division 800 meter run
	Elite 1600m Race of Champions (seeded)

* *running events are girls first, then boys*

** *see Field Event schedule tables below for specific field event start times*

[†] *Distance Medley relay legs are 1200-400-800-1600*

^{††} *Sprint Medley relay legs are 100-100-200-400*

Saturday (March 21) Field events	Saturday (March 21) Running events*
<i>Start time is 3:00pm**</i>	<i>Start time is 4:00pm</i>
Elite Division Girls Shot Put	Elite Division 4 x 800 meter relay
Elite Division Boys Shot Put	Elite Division 100m prelims
Elite Division Girls Discus	Elite Division 100m hurdles
Elite Division Boys Discus	Elite Division 4 x 100m relay
Elite Division Boys High Jump	Elite Division 1600m run (unseeded)
Elite Division Girls Long Jump	Elite 100m final Race of Champions
Elite Division Boys Long Jump	Elite Division 400m dash
Elite Division Girls Triple Jump	Elite Division 800m run
Elite Division Boys Triple Jump	Elite Division 300m hurdles
	Elite Division 200m dash
	Elite Division 4 x 400m relay

* *running events are girls first, then boys*

** *see Field Event schedule tables below for specific field event start times*