

## Specific Meet-related guidelines and restrictions

### *Warmup areas:*

**Discus area:** weather permitting, the discus area (grass field just outside the softball field's outfield fence) may be used for warmup on Friday evening only. This area is not open for competition on Saturday, as the discus competition will be held on Saturday.

**Turf field:** the turf field is open for warmup by athletes who are preparing for their event. Note that this area is closed to spectators. Once the meet begins, only competing athletes and designated coaches will be allowed on the turf infield.

### *Access-related Restrictions:*

**Track:** this area of competition includes everything inside the fence (this is the area of competition for all running events, high jump, pole vault, long and triple jump)

- *Each team will be issued 2 wristbands for coaches to wear. These wristbands will provide those coaches with access to the area of competition once the meet begins.*
- *When the meet officially begins, an announcement will be made which asks all non-participants to exit the area of competition.*
- *Athletes who are not competing or warming up should stay out of the area of competition until they are ready to begin warming up for their event.*

**Shot Put:** this area of competition will be designated by yellow tape

- No one may enter the area of competition unless their coach is present, or until a shot put official is present (e.g. prior to or after competition concludes, athletes may not practice without a coach or meet official present).

**Discus:** this area of competition consists of the grass practice field, just outside the softball diamond's outfield fence.

- The discus area is closed to all discus practice on Friday, and will be open for running event warmups on this night only. No discus practice will be allowed until Saturday when the area is open for competition.

**TEAM CAMPS:** teams may set up their team camp in the area between the track stadium bleachers and softball field. No team camps may be set up inside the fence bordering the track or in any area of competition (e.g. shot put area or discus area). The softball field (inside the fence) will also be closed. Due to a newly installed irrigation system, we do not allow teams to anchor down their tents with metal stakes, nails, or anything that involves a hardened object being hammered into the ground.

**FOOD and DRINKS:** no food of any kind or drinks other than water will be allowed inside the fence bordering the track. This includes sunflower seeds, candy, gum, etc.

**TRASH:** teams are asked to please deposit any trash, gum, etc., in the appropriate location.

**PETS:** no pets are allowed within the Assumption Green facility.

**Closed areas:** the following areas are closed to access by everyone other than meet officials

- At the close of competition in pole vault, triple jump and high jump, these are closed areas
- The finish line area inside the fence (marked with yellow tape) is a closed area
- The timer's camera area (marked with yellow tape) is a closed area

*It is very important that coaches assist us in keeping their athletes, parents and spectators out of our restricted areas. If any unauthorized individual enters these areas, then we will ask them to leave the area, but will stop the meet if this becomes a problem.*

**Spectator Conduct:** we have zero tolerance for inappropriate behavior and comments by spectators, athletes and coaches.

If parents or spectators have a concern regarding a meet official (or any assistant of the meet official), then those concerns should be brought directly to the team's coach who can then privately communicate those concerns with the respective meet official or meet manager. Any individual making comments considered inappropriate by one of our meet officials will risk being removed from the facility by security staff and may ultimately be banned from participating in future meets at our facility. In extreme cases, this ban may be extended to the school associated with that parent or spectator.