

## **AOC Distance Night**

Wednesday, March 25, 2026

Assumption Green

*AOC Distance Night is a distance event-only meet that is set up for athletes to run a personal best. The meet is run relatively fast, which does not allow for athletes to double up their events. We have a history of strong marks run under what are often fast conditions.*

**Location:** the meet is hosted at the Assumption High School track and field facility, the Assumption Green. Address: 4500 Champions Trace Ln, Louisville, KY 40218

**Pre-Meet communication:** Coaches are **strongly advised** to check their email regularly in the days leading up to the meet so that they are aware of any announcements regarding the meet.

**Gate Admission:** \$5 adults, kids of HS age and below are free

Please note that admission is being charged to cover the cost of our meet timer and starter, and that tickets will be sold through an online ticket service (a purchasing link is forthcoming).

**Timing and results:** timing is conducted by DC Timing. Entry lists and results will be posted at [dct.live](http://dct.live)

**Awards:** we will not be giving out awards, but the opportunity for a big PR is certainly a reward in and of itself. 😊

**Questions:** please direct questions to Coach Barry Haworth ([bmhaworth@louisville.edu](mailto:bmhaworth@louisville.edu)).